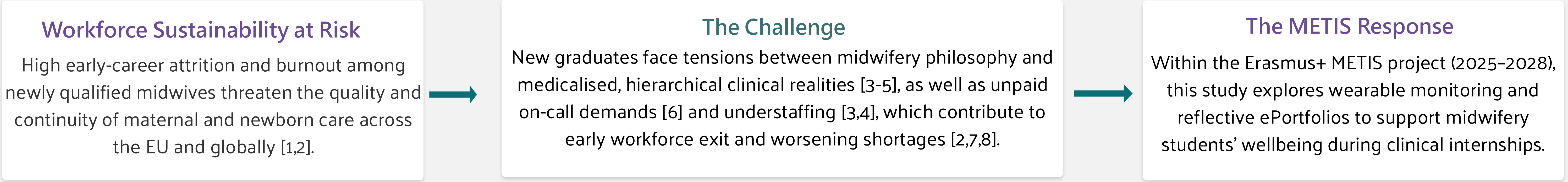




BACKGROUND



AIM

To explore the feasibility of integrating wearable monitoring and reflective ePortfolios to support final-year midwifery students in recognising stress, recovery, job demands and resources, and developing early stress self-management during clinical internships.

METHODS

